

**Pacific Singers and
Summary
An hour and a half,**



**Actors Workshop
weekly for 10 weeks**

In this 10-week, once-per-week workshop, students will be introduced to basic skills in singing, acting and improvisation. We teach tools and habits that help students explore these performing arts, and we work to achieve specific class goals in life skills, such as developing confidence, self-awareness and the ability to collaborate with others. Students will review singing technique and songs each week as part of a class warm up. A short physical warm up and improvisation game will prepare students for the day's class.

WEEK 1: How not to feel stupid in front of people

This Introduction to Improvisation will help students feel comfortable in front of others and in getting to know one another through the use of improvisation games.

Class goal: Confidence

WEEK 2: How to hit the high note

By learning three songs, our Introduction to Singing will include a vocal technique group lesson that focuses on posture, breathing and vowel production. A handout with instructions for postural alignment and breathing and vowel sounds is provided.

Class goal: Self-awareness

WEEK 3: What does it mean to you?

With the songs from the Day 2, we will begin our Introduction to Acting as students learn to personalize their interpretation and expression.

At the end of class students will be given several short monologues to choose from as their individual acting project.

Class goals: Using the imagination and individual expression

WEEK 4: Letting your drama loose through acting

On day 4 we explore the basic acting technique one needs to express oneself effectively in front of others through a monologue by answering the two questions "Who am I talking to?" and "Where am I?"

At the end of class, students are encouraged to memorize their monologues with the use of a handout outlining a memorization tool.

Class goal: Making clear choices

WEEK 5: How do I get what I want?

Day 5 brings us to working on memorized monologues to ask and answer questions "What just happened?" and "What do I want?" Focus is achieved through being memorized while performing other tasks.

Class goals: Focus and concentration

WEEK 6: What about the other people?

Working with a scene partner(s) teaches students to listen and respond honestly, demonstrating that acting is natural human behavior done on a stage or onscreen. We use improvisation games and singing a song to another person for our scene work.

Class goals: Collaboration and flexibility

WEEK 7: Drama is easy, comedy is hard

This week we explore elements, such as timing and commitment, that make something funny and how to be funny in the process.

Class goals: Thinking on your feet, reading an audience's response

WEEK 8: Letting your drama loose through singing

In week 8, we work to find the emotions one needs to express oneself effectively in front of others through the song each person wants to sing at the final showcase.

Class goals: Confidence to make strong, specific and personal choices

Week 9: Did I get it?

Working towards putting it all together, in week 9 students rehearse their final performance piece(s) as we dive deep and work intensely on the elements needed to create an effective performance.

Class goal: To discover if my choices are effective and are working

Week 10: Go for it!

In a final two-hour class, the students put all their skills together to perform a showcase for invited family and friends in chosen songs and monologues.

Class goal: Expressing oneself in front of an audience