Obstacles

* sit on hands
* suppress rage
* act as if you are not speaking to English speaking people
* leave room and try to find hidden object – creates the quality of the first time
* act as if the audience is hard of hearing
* hands behind your back
* fear of your personalization saying “you’re crazy”
* fear you will be laughed at or ignored
* fear of you saying something wrong
* do it on a high wire – balance becomes more important
* do it without words – gets it in your body
* do it on a chair – emotions come out of not moving